



The North Cascade Review

From the Desk of the Editors-In-Chief...

My oh my, how the months go by....we haven't commented in the North Cascade Review for 6 months now and it is quite time we do. Much has happened since our last editorial and we can hardly believe that the mild winter and rainy spring are (well, almost) behind us. We had plenty of events to attend: The Green Freezes, Spaghetti Auction, Lime Run, Cowboy Up, Fun Run, Soldier's Home Cemetary Clean-Up and most recently the 1st Annual Chapter N Memorial Day camp-out....Whew..and summr hasn't even officially begun yet....We're exhausted already. We made our first run to Winthrop and we are the first GWTA group this year!! Hooray for us!!! We received our Rave N Ride stickers (at our second visit) because Doug wouldn't give them to us until we produced that

card. So beware, he is a real stickler, no tickie, no laundry!!! But the ice cream was phenominal as usual.....

We want to thank all chapter members who participated in the Soldier's Home Cemetary Clean Up on May 23rd. Personally for us, we felt very humbled to be among our fallen patriots who in some cases gave the ultimate sacrifice. The oldest grave we saw was from 1832 and it meant a lot to us to be part of a very important event. Chapter N was a big part of it as we bought the POW flag that will hang beneath the American flag in the cemetary.

Did we have fun this Memorial weekend or what??? The weather cooperated pretty well once we got there and the only true downpour was when we were returning home and we were about 10

minutes from getting home. Thanks to everyone for the great conversations, great rides and GREAT food. Don, you make a heck of a sausage and biscuit gravy and Judy could have survivd on that all weekend. Not sure where the bread count ended up but what the heck, you can have it, Carol!!!

And a special thanks to everyone for telling Judy when and how to use the rear break. I GOT IT!!!

Well, we have a lot of events still to go...Silly Stilly run June 5th, State July 2nd- 5th, National in Billings, July 19th-22nd, STP, July 17th, Taz Run in August, Rave N Ride, and Wing WA. So, stay tuned, the fun's just beginning....Woo Hoo..

Motivation is what gets you started. Habit is what keeps you going.

Anonymous

Inside this issue:

<i>Mascots continued</i>	6
<i>Ride Coordination</i>	2
<i>Geo-graphics</i>	1
<i>Links</i>	3
<i>Recognition</i>	3
<i>Safety</i>	4
<i>Recipes</i>	5

Special points of interest:

- *Gadget Guru Debut*
- *Geo-Ride location*
- *Light & Fruity Pie*

Geo-Riding

Blue Mountain Grill
N 48.677771 – W 122.202001

A great ride for great food. This little out of the way hole in the wall serves fresh made breads and deserts as well as some other real good

cooking. If you put these coordinates into your GPS, you will find yourself on one of the best rides in NW Washington. You will ride through some great countryside and cruise through some nice twisties. After dinner you can continue on North or

South depending on the direction you took to get there, and enjoy some more great riding. This is a great place to grab a bite to eat on a nice long sunny ride. Happy Geo-riding

"A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort." – Herm Albright



Ride Coordination 2010

INFORMATION UNDERLINED IS THE DESIGNATED CHAPTER RIDE FOR THE MONTH .

JANUARY

16th – GWTA Chapter V Green Freeze
Leaving Conway Shell station @ 7:45am

30th – Chapter “N” Kick-Off/Punt@11:00am

FEBRUARY

20th – GWTA Chapter V Green Freeze
Leaving Conway Shell station @ 7:45am

MARCH

6th – N.W. Wings Spaghetti Feed/Auction
Leaving Conway Shell station @ 1:30pm

20th – GWTA Chapter V Green Freeze ride
and banquet
Leaving Conway Shell station @ 7:45am

APRIL

25th – Chapter S Lime Run

MAY

16th – Chapter I Cowboy up Ride Leaving
Conway Shell station @ 7:30am

22nd – Chapter C Blue Crew Fun Run
Leaving Conway Shell station @ 7:30am

JUNE

5th – Chapter B Silly Stilly Valley Ride
Leaving Conway Shell station @ 7:45am

JULY

1st-4th - GWTA Washington State Rally

17th/18th - GWTA Support STP

19th-22th - GWTA National Rally
(Gold Rush XXIII)

AUGUST

6th-8th - GWTA Chapter "Q" Chili Dog Run
Campout
Departing time to be determined

14th – Chapter Z Tasmania Fun Run
Departing time to be determined

SEPTEMBER

20th – Chapter Y Harvest Run
3rd- 6th Oregon State Rally (John Day Oregon)

OCTOBER

9th - Wing Wash Banquet

November

December

****Means Completed****

Tech-Talk by "The Gadget Guru

People are always looking at the latest and greatest digital cameras. Let's take a look at some features that you might be interested in when looking at cameras.

One of the most common questions I get is "What kind of digital camera should I buy?" Wow, if it was that easy. There are so many things to consider when looking for a new digital camera. Here are a few:

1. Batteries. Cameras that have an electronic viewfinder will use considerably more battery power than one that has a standard clear viewfinder. Also, if your camera takes the standard AA battery, you would probably use re-chargeable but standard batteries would work in a pinch. Special batteries will leave you out of service while waiting for a re-charge.
2. Memory. Today, memory cards are very reasonably priced compared to several years ago. Some types of cards are not as durable than others. Compact Flash is the best, but is larger in size than some others. Micro-Drives are also available, but are very fragile and should not be used out in the field.
3. What are you taking pictures of? Little stuff, kids, animals, Goldwings, ect.. you may not need much of a lens. Mountains, wildlife, require more zoom and flowers, bugs ect.. require a good macro.
4. What are you going to do with the image after you have taken it? If it is for internet display only, a 1 mega pixel camera would be more than adequate. Printing photo quality 8x10's would require 3 or 4 mega pixels.
5. Lenses. First off, forget about digital zoom, that does nothing. You can zoom all you

want in your photo editing program, but the quality of the image goes down with every bit of digital zoom. Optical zoom is the place to be. The more, the better. The best way to go is to be able to change lenses so you can change the camera to fit your needs as they change. That would probably take you to a DIGITAL SLR, but then your camera is so bulky that a quick, candid shot would be almost impossible

Cost. You betcha, here is a major issue with a camera purchase. You can get cameras in the \$75-\$5000 range. Make sure you are going to get the features and resolution you want or maybe hold off until you can afford what you want. If you settle, you may never be fully satisfied and eventually you will buy the camera you wanted in the first place. Used Digital Cameras do not carry very good re-sale value, but there is a place to look for a higher end used camera to save a few bucks. About 7 or 8 years ago, I purchased a Nikon D100 Digital SLR for nearly \$2000. here about 18 months ago, I upgraded to a Nikon D300 for \$1500. I was able to keep all of my lenses so it was just the camera that I was replacing. I was able to sell my old camera on Ebay for \$300 and something. Someone got a nice 6 mega pixel digital slr pretty cheap and still able to take decent pictures.

I hope this helps a little. There is so much more to buying a camera than looking at the Sunday paper ads for the best sales.

Don Sims



Notices:

June Happenin's

Flag Day

Father's Day

Happy Birthday!

3rd—Craig Boyd

27th—Brad Strouf

Dinner Ride June

Tuesday—June 15

Village Pizza in Anacortes

Our illustrious ride coordinator will email members with all the details.

Links

Need to think of something to say?:

www.great-quotes.com

See earth from space:

www.koshland-science-museum.org/

Bored?:

www.pointlessites.com/

Rider Education: A continuing Awareness

Look 12 Seconds Ahead

Looking twelve seconds ahead is a good habit to get into, but we're talking about more than just staring down the road with glazed eyeballs. We need to be good observers. By observe I mean really keeping our eyes moving to take in as much as possible, and making judgment calls about what's happening.

Try this exercise right now: Go back and read the previous paragraph again, but this time read one line at a time, and spend 2 seconds scrutinizing the world around you before reading the next line. See if you can remember what you're reading while also observing details of what's happening around you---the current time, what TV channel is on, who else is in the room, the color of the car driving by, what pictures are on the wall behind you, and so forth. It's not easy, is it? The temptation is either to look around and stop reading, or continue reading and ignore the observing. But don't we do something similar as we simultaneously ride the bike and observe traffic around us? And consider this: Once you record in your memory what time it is or who else is in the room, you have a pretty good idea of what's going on. The only

items you need to study on subsequent glances are things that have changed. It's the same way in traffic. We need to be aware of everything, but we can focus momentarily on those things that are in the process of becoming potential hazards. For example, the big rattling car transporter rolling in the next lane may scream for attention, but one or two glances may confirm that it's not really a problem. That oncoming car approaching the intersection ahead isn't demanding attention, but I know that left-turners are a frequent hazard for motorcyclists, so I need to focus on that car, not on the noisy truck. Intersections are danger zones where we especially need to focus our attention. Folks with poor judgment are very likely to make mistakes at intersections, pulling out in front of other drivers, making quick turns, jamming on the brakes, or motoring through red lights. Recognize that intersections are anywhere vehicles can cross paths, whether they are divided eight-lane arterials or two lanes that cross in the shopping mall parking lot. For the record, about three-fourths of all motorcycle crashes are collisions with cars, and about one-fourth of all motorcycle crashes are the result of car drivers

making quick left turns across the paths of motorcyclists. It's also worthwhile to note that collisions with cars zooming out of alleys account for a good percentage of intersection smashes, and disproportionate share of motorcyclist fatalities. Never mind who is at fault, the motorcyclist is the one who gets hurt

Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight.

Benjamin Franklin

Mystery Rider & Chapter N Member.



Terry's Temptations - Light and Fruity Pie

Ingredients:

- 1 3oz Jello Gelatin any flavor
- 2/3 cup boiling water
- 2 cups ice cubes
- 8oz container Cool Whip thawed
- 1 packaged Graham Craker Crust
- Fruit—optional
- Recommended fruit:
 - 1 cup fresh Raspberries or Blueberries
 - 1 cup diced Orange sections, Strawberries or Bananas
 - 1 9 oz can Apricots or sliced peaches drained and diced, or diced pineapple drained, or fruit cocktail drained.

Dissolve gelatin completely in boiling water, stirring about 3 minutes.

Add ice cubes and stir until gelatin is thickened, about 2-3 minutes. Remove any unmelted ice.

Using wire whisk, blend in Cool Whip. Whip until smooth.

Fold in fruit.

Chill if necessary until mixture will mound.

Spoon into crust, chill for 3 hours, garnish if desired.

"A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort."
 – Herm Albright

Nutrition Facts

Serving Size 1 (120g)
 Recipe makes 8 servings

Calories 278

Calories from Fat 131 (47%)

Amount Per Serving %DV

Total Fat 14.6g 22%

Saturated Fat 7.7g 38%

Monounsaturated Fat 3.9g

Polyunsaturated Fat 2.2g

Trans Fat 0.0g

Cholesterol 0mg 0%

Sodium 228mg 9%

Potassium 32mg 0%

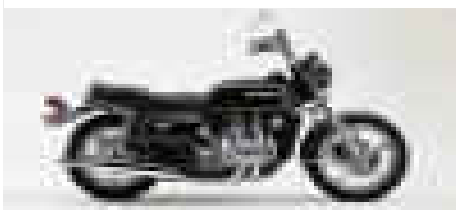
Total Carbohydrate 35.6g 11%

Dietary Fiber 0.5g 1%

Sugars 27.1g

Protein 2.4g 4%

Goldwing History Continued



1978 GL1000

A redesigned exhaust, five-spoke Comstar wheels and a tank-mounted instrument pod highlight the luxotourer as it turns four. Colors: Maroon, Blue, Black.



1979 GL1000

Late '70s styling accents include rectangular turn signals and a larger, twin-bulb taillight out back. This year also marked the start of Gold Wing manufacturing in America. Colors: Black, Candy Blue, Candy Burgundy.



1980 GL1000

New decade, two new Gold Wings: the GL1100 and GL1100 Interstate. Both featured a larger, 1085cc flat four engine, a longer, roomier wheelbase, and all-new air-assisted suspension, while the Interstate came fully dressed (saddlebags, trunk, fairing and windscreen) right off the showroom floor. Colors for both: Candy Burgundy, Black.

North Cascade Riders

Meet the third Saturday of each month

11:00 AM Eating, 12:00 PM Meeting



We're on the Web!

www.northcascaderiders.org

Future Meeting Dates:

June 19, 2010 — meeting to be determined

July 17, 2010 — no meeting

August 21, 2010 — meeting

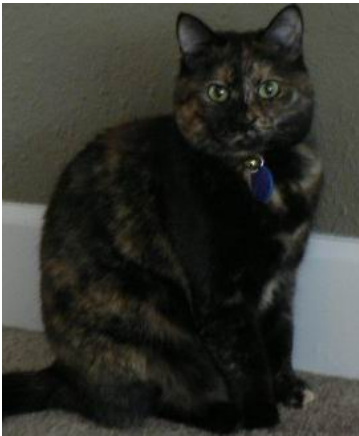
September 18, 2010 — meeting

October 16, 2010— meeting

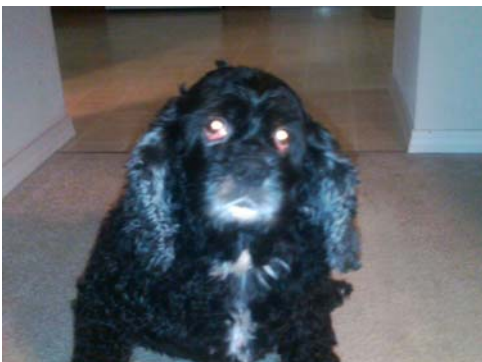
November'20, 2010— meeting

December 18, 2010—meeting

Mascots — Part 2



Addison, Katy,
Squelch and
Isabella Boyd



Shiloh Hill



Loki
Hyde



Dixie Scrimsher